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| **Luck not Pluck Worksheet**  |
| What is the One Big Change you want to achieve? |
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| How far have you got in achieving that? Not started? Tentative steps? Half way there?  |
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| What actual steps have you taken so far? |
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| What were the result of the steps you’ve taken? |
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| Have you tried hard enough? |
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| What more do you need to do? |
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